

Sturgeon's Version

STUFF

I have too much stuff! I have become the person I used to despise. What is with us? We almost unconsciously acquire stuff. Since we have moved I have discovered stuff I didn't know I had. Joanne and I have sold, given and thrown away all kinds of stuff. To date I have eliminated about 200 books from my library. I only have two eyes and they require each other to read one book at a time! You do the math! So as I have been trying to eliminate and concentrate on what matters I have been listening to a wonderful song by Toby Mac on K-Love Radio.

LOSE MY SOUL

"Father God, I am clay in your hands. Help me to stay that way through life's demands. Cause they chip and they nag and they pull at me And every little thing I make up my mind to be."

Chorus:

I don't want to gain the whole world & lose my soul.

I don't want to walk away let me hear the people say,

I don't want to gain the whole world & lose my soul.

Don't want to walk away, let me hear the people say..."

"America has no more stars now we call them idols.

You sit idle while we teach prosperity.

The first thing to prosper should be inside of me. "

How do I sense the tide that is rising? Desensitizing me from living in light of eternity?

How do I sense the tide that's rising?

It's hypnotizing me from living in light of eternity!

"Lord forgive us when we get consumed by the things of this world, That fights for our love and our passion, as our eyes are open wide and on You. Grant us the privilege of your world view. And may your kingdom be what wakes us up and lays us down. "

As I have been laying down some of the stuff that has collected and cluttered my life I have been reminded of a very wise word from someone who was very close to me: "It does not matter because it all burns."

The most important things in our lives are not "things", it is people. Only people will survive to live in eternity. Our family, loved ones, our extended church family, our neighbors, people we work, meet, greet, and live with are all made of eternal stuff. We will spend eternity together?

Christ has commissioned us to use our stuff to love others. I want to encourage you to travel light; giving away what God has given you, to someone who needs it.

Give away your love, your time, your talents, your treasure because "it is in giving that we receive and are born to eternal life". [St. Francis of Assisi] Give away the hope of Christ that lives in you. In the words of Jesus, "What does it profit a man to gain the whole world and forfeit his soul? Mark 8:36 [NASB]

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Upcoming Events

October 30th-Trunk or Treat!! This years trunk or treat will be held after 2nd service and have a potluck provided by Senior Adult Ministries, bring your appetite!!



Small Group Studies

Sunday Night Praise & Prayer Service

6:00 pm at the Church

Everyone is welcome to come and join in this Sunday Night Service

Contact Dave Van Sickle for more information 257-7049

SUZNAZ Men's Ministries - P.R.O.S. (Pray, Read, Obey, Serve)

*The new location is 15 Meadow Wood Way (off Cherry Terrace) **on Wednesdays at 5:30 pm**. They are currently studying the book of Luke. Contact Steve Jones at 260-0380.

Adult Morning Bible Study

Will be on break for the Summer. Contact Chaplain David Van Sickle at 257-7049 for more information

Women's Bible Study & Prayer Time-Jonah, Navigating a Life Interrupted. **Wednesdays at 6:00 pm**. Being held at the Church. Contact Julie Prior with questions, 251-7106

Missions Corner

Piranha, El Loco, and Free Water---My Trip to Peru by Pastor John Garnica

The trip to Equitos, Peru was very exciting and memorable for me. I had the opportunity to preach in four different places in Spanish. I worked with both a medical group and a missionary group as interpreter. I also lead a couple of groups going house to house sharing my testimony in Spanish and inviting the people to attend the local Nazarene Church. While there we built benches that were to go to the various house churches that had been started. These benches would hold three Peruvians and only two Americans. The Peruvians are small people and are very friendly and would quickly invite you into their homes.

One Sunday we spent the morning delivering much needed water to a depressed area of Equitos. The regular Sunday Service is held Sunday Night and Sunday School is held Sunday morning. So that is why we went out on Sunday morning to deliver the much needed water. At one of the last houses a small girl came to me and asked if we were giving out free water. When I said yes, she asked if they could have some. Mary, one of the three Nurses that were with our group went into the house with me and another member of our group. What we found just broke my heart; the mother was in agony with sores all over her body. Mary checked her and said she was suffering from Chicken Pox. She had no medication and so I told the lady that we would see that she would get the much needed medication. The three nurses put their heads together and came up with what would best suit her needs, the meds were delivered to her. And the local pastor said she would check on her daily. One small Peruvian woman stole my heart by what she was doing for the people in another depressed section of Equitos. She would use her money to buy oatmeal and bread to serve to the children and older people every week. Every week she would have well over a hindered children going to get a hot meal along with several adults. She said it was her ministry to her people and she was using what little money her husband had left her and the proceeds from the sale of their business to fund the ministry. She said she wanted to give back what others had spent on their business.

One day we spent repairing the inside and outside of an elderly woman's home. We repaired the roof, and in turn she and a close friend of hers cooked us a Peruvian dinner which was very tasty. We made sure that a love offering was left for her through the local pastor. We showed the Jesus film three times in three different parts of town. We also washed the heads of 226 children in an elementary school for head lice. And we visited an orphanage where we played games with the children and gave out gifts and candy. The 226 kids at the elementary school also received bags with a toothbrush, toothpaste, a bar of soap, and shampoo. Mary Heater, one of the nurses gave a talk on hygiene at the school.

One day was spent traveling on the Amazon River and a trip to the jungle and a visit to an indigenous Indian Tribe where we were painted up with color made from various plants. We were invited to dance with them to one of their ceremonial dances, the Friendship Dance. We fished for Piranha and I caught one which fell into the lap of one of the nurses who almost had heart failure. The same day I was attacked by a fun-loving monkey who took my sunglasses and hat. We fought over them, and when he tired of me he took out after the two of the nurses and had his fun with them. The local guides called him EL Loco.

Our transportation consisted of what they call Motor-Cars. They are three wheeled motorcycles with a seat in the back. they can easily fit three Peruvians and two Americans depending on one's size. Houses were built on stilts because of flooding in the lower parts of Equitos during the rainy season.

Written by Pastor John Garnica describing his recent trip to Peru. If you want more details, be sure to ask him the next time you see him!

Blessings and peace,
Joanne Sturgeon
NMI President

Future Work & Witness

Ukraine Boys and Girls Camp and VBS August 2011

Philippines Medical Mission November 2011

Africa Construction Mission Trip September 16- September 27, 2011

Contact Jameson Sturgeon (619) 315-3680



SuzNaz Kids

Children's Newsletter October/November 2011

It is hard to believe 2011 is almost over. I am always shocked by how quickly the year draws to a close. Summer is behind us and the holiday season is quickly approaching and with it a barrage of events. This year we are launching MOPS which most of you are already aware of. MOPS will meet for the first time on October 5th. Please continue to pray for MOPS when you think about it. This new ministry has a great deal of potential but we need to have it covered with prayer!

On October 30 we will be having our annual Trunk or Treat in the Church parking lot after second service. Decorate the trunk of your car and have goodies for the kids. Last year Debbie Van Sickle won a Starbucks card for the best decorated trunk. Will you be this year's winner?

Children's Bible Quizzing is officially underway! We meet on Monday nights at 710 Parkdale from 6-7pm. We are studying the book of Matthew this year. ALL kids 1st to 6th grade are invited to attend.

Although fall has just started, it is time to be thinking about the Christmas season. Naomi Crosby will be directing the Christmas play again this year. Watch your bulletin for information about audition and rehearsal times!

If you missed out on Kris Kringling last year, you will have another chance to participate this year! I will be matching up senior citizen's with their "Kris Kringling" Families the 1st of December so let me know ASAP if you want to participate. If you don't know what Kris Kringling is, it is similar to a Secret Santa event except it goes on for 10 days. Families with kids are matched to a Senior and for 10 nights before Christmas, they will bring a gift to their door, ring the bell and RUN!!! On Christmas Eve, they will stay and introduce themselves. This is a great way for kids to learn about the joy of giving. I have seen some great friendships develop from last year's Kris Kringling event.

Have a happy Autumn!

NYI-Nazarene Youth International **Youth Group Junior & Senior High:**

Tuesday 6:00-8:00pm

If you are between the ages of 12-18
or 7th-12th grade

You are invited to come!

We hope to see you there!!



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Thanks to Joseph Chang 10-30-2002
HEY CAIN, I'LL BRING THIS BACK AFTER THE HALLOWEEN PARTY TOMORROW AND IT CAN BE THE GRANDFATHER THAT YOU'VE ALWAYS WANTED

Youth Weight Room:

Monday-Thursday 1:00-4:30pm

700 Ash Street. See Pastor David

Call Pastor David at 249-6990
for information on youth activities

Prime Timers

The seniors had a barbeque at Tish's home which was well attended. We had a lot of fun fellowshiping and cooking our individual eats. Everyone brought what they wanted to barbeque and Lonnie served as cook.

Gordon took charge of the meetings while Pastor John was in Peru on a mission trip to Equitos, Peru in September.

October 10th several of our group went to visit the pumpkin patch in Milford. On the way back we stopped to see where Steve Jones and family live as some were interested in seeing where his home is located. Then we stopped by Pastor Joe and Joanne's home and did some house chores for Joanne. It was a fun day and we want to make plans for future outings.

For the Trunk and Treat the seniors plan to host a pot-luck for the church. The seniors will furnish all the food so the rest of you don't need to bring anything other than a hungry stomach.



Mission Statement:

To be part of the family of God, through the senior adults of the Susanville Church of the Nazarene. To reach out with hearts and hands of love, primarily to senior adults in the community by sharing the good news of Jesus Christ and assisting in various areas of needs.

Birthdays

October

3-Maxine Carter
 4-Mary Jo Norris
 9-Mary Buhay
 10-Jimi Sturgeon-Smith
 10-Jessica Gossett
 21-Lynette Garringer
 22-Will Ashmore
 23-Doug Smith

November

3-Daniel Spaan
 6-Marge Kinnaman
 8-Karen Garringer
 9-Danny Watson
 15-Amber Harris
 22-Heather Raglen
 28-Aaron Reger

Anniversaries

October

17-Gordon & Marge Kinnaman
 23-Mark & Beth Hyde
 29-Ed & Heidi Harris

November

12-Kevin & Dena Schweizer
 21-Darrin & Kate Clegg
 28-Tom & Toni Harris

Crispy Lemony Chicken with Roasted Potatoes

2 lbs boneless chicken thighs	2 lemons	3 large garlic cloves
1 tbsp brown sugar	1 ½ lbs potatoes (Yukon gold or red bliss)	
Fresh thyme	1 cp chicken stock	1 tbsp Dijon mustard
1 tbsp flour	3 tbsp olive oil	salt and pepper to taste

1. Preheat oven to 450 F.
 2. Cut chicken thighs in half lengthwise, pat dry, place in bowl and grate garlic and rind of lemons over them, then toss with brown sugar and ½ tsp of salt.
 3. Place in refrigerator for approximately 10 minutes to marinate.
 4. Meanwhile, slice the potatoes into thin slices, lightly toss with a bit of olive oil, sprinkle with salt and pepper, and place in oiled, medium sized baking pan. Place in oven and roast for 15 minutes.
 5. While potatoes are roasting, remove your chicken from the refrigerator and drain off any moisture. Pat dry with paper towels (this prevents chicken from splattering as much and helps it brown better).
 6. Heat a large skillet over medium high heat; add enough olive oil to skillet to cover the bottom of it.
 7. Sauté chicken until skin is golden and crispy (hint, don't move chicken around a lot). You will probably have to do this in two batches, don't crowd chicken it causes it to be pale and sweaty.
 8. Put the flour in a small bowl, add some of the chicken stock, mix until a paste forms. Add the mustard and the remaining chicken stock, mix well.
 9. Take potatoes out of oven (if they aren't already out, or when the time is up). Pour chicken stock mixture over them.
 10. Pile the chicken on top of the potatoes and sprinkle fresh thyme over the dish.
 11. Slice one lemon and place in between chicken and potatoes. Take other lemon and squeeze juice over entire dish.
 12. Place back in oven and bake for 20 minutes, or until juice is actively bubbling and has thickened.
 13. Taste your seasoning and see if you need more salt, pepper or lemon!
 14. When you have it just right, plate up and enjoy!
- If you prefer breasts instead of thighs, cut in thirds and prepare as recipe calls for thighs. You can also drain liquids from skillet and use the pan to sauté up a bunch of string beans.

STUFF, continued from pg. 1

Or as The Message says it: "What kind of deal is it to get everything you want but lose yourself? What could you ever trade your soul for?"

The more I have the less I need it. The less I have the more I depend upon Christ. As one who has gained more than I ever thought I would have I give thanks every day. I ask the Lord to show me what He wants to do with what He has given me: I know it is not mine but His. *He has made me manager for a season over some of all that He has.*

"Lord, may we each one hold what you have given us loosely and be quick to give it away when you call for it. After all Lord it is not really our 'stuff'! It is yours!"

Pastor Joe



Susanville
Church Of The Nazarene

Visit our new website at Suznaz.org

There are 16 Articles of Faith in the Nazarene Church.
For the entire 16 articles, please visit: Nazarene.org.

Articles of Faith

II. Jesus Christ

2. We believe in Jesus Christ, the Second Person of the Triune Godhead; that He was eternally one with the Father; that He became incarnate by the Holy Spirit and was born of the Virgin Mary, so that two whole and perfect natures, that is to say the Godhead and manhood, are thus united in one Person very God and very man, the God-man.

We believe that Jesus Christ died for our sins, and that He truly arose from the dead and took again His body, together with all things appertaining to the perfection of man's nature, wherewith He ascended into heaven and is there engaged in intercession for us.

(Matthew 1:20-25; 16:15-16; Luke 1:26-35; John 1:1-18; Acts 2:22-36; Romans 8:3, 32-34; Galatians 4:4-5; Philippians 2:5-11; Colossians 1:12-22; 1 Timothy 6:14-16; Hebrews 1:1-5; 7:22-28; 9:24-28; 1 John 1:1-3; 4:2-3, 15)